## LHIC Healthy Aging Work Group Meeting July 28, 2016 - 9:30-10:30 a.m. Howard County Health Department

## **Members Present:**

Paul Verchinski, HC Citizens Association Jill Kamenetz, Office on Aging and Independence Andrew Monjan, Transition Howard Community Peggy Hoffman, Office on Aging and Independence Patricia Dugan, Columbia Association Shawni Paraska, Columbia Association Marsha Ansel, HC Mental Health Authority Elizabeth Kromm, HCGH Sheila Palmiotto, Howard County Health Department Bruce Fulton, NeighborRide Manuel Evangelista, AAA Physical Therapy Courtney Barkley, HC Office on Aging and Independence

## **Staff Present:**

Rhonda Jenkins, Program Coordinator, Local Health Improvement Coalition, HCHD Elizabeth Menachery, M.D. Medical Director of HCHD

Elizabeth Menachery, M.D. opened the meeting at 9:30 a.m. with introductions of the Chair and LHIC Program Coordinator. Renee Bitner, Co-Chair was absent. Rhonda Jenkins will serve as a resource to the group and provide any needed assistance. An overview was given on the State Health Improvement Process (SHIP) and outcome measures for State LHIC's: <a href="http://dhmh.maryland.gov/ship/Pages/home.aspx">http://dhmh.maryland.gov/ship/Pages/home.aspx</a>.

The minutes from the previous meeting were amended to reflect that the brainstormed priority areas identified by the committee be sent to the group. Courtney agreed to send pictures with the priority areas to the group.

## Review of survey for priority areas

Elizabeth Menachery, referenced the survey <u>https://www.surveymonkey.com/r/25DKP9W</u> that was sent to the workgroup. She explained that the brainstormed questions were categorized under the SHIP areas and the importance of LHIC following the SHIP measures. A brief discussion addressed concerns by members as the survey being the only determining factor to meet the needs of the community. The Howard County master plan was referenced as the resource that was used. See book: Preparing for the Growth of the older Adult Population in Howard County: Level of Independence for the Elderly. The survey will help to determine the needs of the community. The metrics from SHIP ties into the master plan. The master plan will be taken into consideration as the planning continues.

Comments from the group were made regarding having needed documents sent out to the group in a timely manner. In the future, all documents will be sent out in advance.

Courtney asked the group to complete the survey by Monday, August 1, by 5:00 p.m. The results will determine the planning process. The group made recommendations for perhaps improving the survey. The group asked if priority items could be used as a framework as to how to complete the survey. Continuing education was identified as a needed item on the survey.

Action: The group suggested that more organizations that are not represented in the workgroup could be a valuable resource. Suggestions were made to reach out to the following organizations to possibly join the workgroup. Rhonda Jenkins will reach out to the following organizations.

Public School System – Mary Shiller	Faith Based Communities
Department of Social Services – Mike Demidenko	Grassroots – Andrea Ingram
Meals on Wheels – <b>Elizabeth Sebastiao</b>	РАТН
Assistant Living Facilities	COGS
Howard County C.C.	
Police Department – Andre Lingham and Gennie Laport	
Alzheimer's Association – Yolanda Wright	
Office of Children and Family Services – Valerie Harvey	

Paul made a recommendation to extend the workgroup meeting time to 2 hours instead of one and half hour. The rationale: this will ensure that everyone has a voice and that there is time for everyone to be heard. Comments were made that task force groups have been developed to discuss items in length. Diversity has to also be taken into account.

Next Meeting:

Rhonda asked if the group is able to adjust future meeting times to 2:45-4:15 p.m. The group agreed on the changed time.

Courtney asked if the meeting location at HCHD is doable for everyone. The group agreed that HCHD will be the meeting location.

Elizabeth explained that the location is advantageous because of audio equipment and the ability to provide handouts.

At the next meeting, if the group feels that one and half hour is not enough time, the group will revisit adjusting the time for future meetings.

The next workgroup meeting is August 22, 2:45 – 4:15 p.m. An email will go out reminding everyone of the meeting.

The full LHIC meeting is August 25, 8:30-9:30 a.m. Voting members are expected to attend every meeting or send a proxy. At the full LHIC meeting where voting occurs, a voting members needs to be in attendance.

Meeting adjourned at 10:26 a.m.